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Press Release

Hope for Troubled Minds: Tributes to People with Brain Illnesses and Their Loved Ones e-book to be released on November 1, 2023

A book project five years in the making will be released on Amazon in the ebook version November 1. Over 100 letters, poems, and stories by those with brain illnesses (such as schizophrenia, bipolar, schizoaffective disorder, and major depression) reveal the care and concern that families and loved ones share in spite of tremendous obstacles.

Pete Earley, Pulitzer prize nominated author of *Crazy: A Father's Search Through America's Mental Health Madness* writes: It is impossible to read this collection without a moist eye, an overwhelming anger at the cruelty of brain diseases, exasperation at society's failure to help, and a deep admiration for the undaunted spirit of those who speak out and advocate for their fellow travelers on such a difficult path.

Tony Roberts (author of *When Despair Meets Delight*) is the editor/curator of this collection. Roberts knows brain illnesses inside and out. As one who has battled with bipolar for over four decades while serving as a pastor and advocate, he speaks openly of his own highs and lows and develops platforms for others to share theirs.

100% of the net proceeds will be evenly distributed to three advocacy nonprofits – National Alliance on Mental Illness (NAMI), Treatment Advocacy Center (TAC), and Delight in Disorder Ministries (DiDMin).

<https://delightindisorder.org/hftm-order/>

