

Tony E. Roberts

Author of *Hope for Troubled Minds*

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Tony is an author and mental health advocate who grew up in Indiana, where high school basketball is king. He excelled in both academics and athletics, and went on to study English and theology at Hanover College and Louisville Seminary. After serving as a pastor for over 18 years while battling bipolar disorder, he began writing and speaking about his experiences. His book, *When Despair Meets Delight*, is a memoir of his journey with faith and mental illness.

Hope for Troubled Minds is a powerful indictment of the American healthcare system and the way it treats people with mental illness. But it is also a story of hope and resilience.

The author shares stories of people who have overcome incredible challenges to live full and meaningful lives.

These stories are raw and honest, and they can be difficult to read at times. But they are also essential reading for anyone who wants to understand the impact of mental illness on individuals and society.

The Kindle version for *Hope for Troubled Minds: Tributes to People with Brain Illnesses and Their Loved Ones* will be released on November 1, get your pre-order in through the link below:

<https://delightindisorder.org/hftm-order/>



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